CHALLENGER QUITS AFGHAN RACE, PG 6

Sports pg 10

Happy return for Favre in Green Bay



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Entertainment



Canadian crooner takes on pop tunes

pg 13

Razor in apple prompts warning

HALLOWEEN RCMP are reminding parents to inspect their children's Halloween loot after a Nova Scotia woman discovered a scary surprise in her child's treats.

The Annapolis County woman told police she found a razor blade hidden within an apple that her child received Saturday night.

Police say they've seized the items and are investigating.

The youngster had been trick-or-treating in Melvern Square in Annapolis County and in Kingston, located in Kings County.

"Right now (investigators) know two areas where they were out trick or treating," said Const. Paul Landry of the Middleton RCMP.

"They are trying to figure out where they might have gotten the apple at this point."

THE CANADIAN PRESS

Copperfield Magic show



RYAN TAPLIN/METRO HALIFAX

Magician David Copperfield appears on the stage aboard a motorcycle as he opens his first of two shows at the Halifax Metro Centre yesterday. Copperfield is also performing twice today at 5:30 and 8:30 p.m. with tickets still available.

Limited access

Change means only those at high risk can get vaccine

PAUL McLEOD
paul.mcleod@metronews.ca

H1N1 vaccination clinics open today in the Halifax Regional Municipality, but only for some of those at highest risk.

Provincial health officials announced Friday they were limiting swine flu shots to high-risk groups.

The Capital District Health Authority was planning to open clinics to the general public today, but those plans were changed because of a looming shortage of vaccine. Instead, only pregnant women and children between the ages of six and 69 months (birth dates of Dec. 1, 2004 to May 1, 2009) can get the vaccine at four clinics in the Halifax region.

Vaccination clinics opening today

- Dartmouth Sportsplex: 8:30 a.m. to 7 p.m.
- Captain William Spry Community Centre: 1:30 to 7:30 p.m.
- World Trade and Convention Centre: 9:30 a.m. to 5:30 p.m.
- Sackville Sports Stadium (Newbridge Academy): 1:30 to 7:30 p.m.

The province made repeated pleas for healthy Nova Scotians to wait two weeks before getting vaccinated, but when the first clinics opened last week in Truro and Elmsdale, they were overrun.

The province's chief medical officer Dr. Robert Strang said health officials hadn't expected vans of people to drive from Halifax to get immunized.

Strang said Friday it's now necessary to restrict the limited early supplies of vaccine to high-risk groups.

"I'm asking all other groups to wait," Strang said. "We will be assessing our vaccine supply on an ongoing basis and we will offer immunization to other groups based on their risk as vaccine supply allows."

People in high-risk categories also include First Nations communities, and health-care workers, including family physicians, family practice nurses and pharmacists. Health Canada has begun an immunization campaign for First Nations communities, and health care workers are getting their vaccine shots internally.

Currently, Nova Scotia is receiving less vaccine than originally expected. The province has ordered 1.4 million doses of the vaccine, more than enough for every resident.

But it will take time for that full order to come through. Strang said Friday the province has received 160,000 doses and will receive more shipments on a weekly basis.

They had been expecting a shipment of over 50,000 doses this week. But due to a problem with the manufacturer it will now only get 12,500 shots of adjuvanted vaccine.

— WITH FILES FROM THE CANADIAN PRESS

No clear target as shots fly, police say

MONIQUE MUISE
monique.muise@metronews.ca

Halifax Regional Police say there were no apparent targets in two seemingly random shooting incidents in the Spryfield area over the weekend.

The first shooting happened around 5 a.m. Saturday morning, when police say witnesses heard what they believed was a car backfiring in the 500 block of Herring Cove Road. A few hours later, officers were called to a nearby apartment building after tenants discovered a bullet lodged in a closet shelf. The bullet had apparently also passed through a window casing and a wall. No one was injured in the incident.

The second shooting occurred Saturday around 10:30 p.m. near the intersection of Lemon Walk and Greystone Drive. Witnesses told police three males fired three shots from a four-door, dark-blue hatchback travelling along Lemon Walk. Two shell casings were later discovered in the area, but no damage or injuries were reported. The suspects are described as black males, one of whom had shoulder-length hair.

According to Staff Sgt. Don Fox, no one has been arrested in connection with either incident. While they occurred within blocks of each other, Fox said it is "too early to even speculate" if they are related.

News on the Move

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Dr. Christopher Jackman MD, FRCSC

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Local



Tickets on sale for Garfunkel show

Tickets to see a musical legend in our region go on sale today. Grammy Award-winning artist Art Garfunkel, left, is coming to Halifax on April 10 at 7:30 p.m. for a performance at the Metro Centre. A former member of Simon and Garfunkel, he now enjoys a successful solo career, with his most recent album Some Enchanted Evening coming out in 2007. Tickets cost $67 and $77 and go on sale this morning at 9 a.m. at all Ticket Atlantic locations, by phone at 451-1221 or online at ticketatlantic.com. METRO HALIFAX

Official seeks coyote extermination

Issue arises during Colchester council session after mauling death of teen

A Colchester Country councillor says Nova Scotia should completely "exterminate" its coyote population.

"Bounties don't work," Coun. Mike Cooper said during a council session last week. "You might as well get rid of them. They're hunting in packs now."

Cooper initiated discussion on the issue following the death last Tuesday of Taylor Mitchell, 19, a Toronto teen killed by coyotes while walking alone on the Skyline Trail of the Cape Breton Highlands.

"Bounties don't work. You might as well get rid of (coyotes). They're hunting in packs now."
Coun. Mike Cooper

"That is not going to be an isolated situation," he said. "They're becoming more and more brazen."

Cooper said constituents have expressed their concerns and personal experiences to him and he said he believes something must be done to protect humans against a growing coyote population.

Mitchell was on a tour of Atlantic Canada when she went for a hike on the Skyline Trail. She was then mauled by two coyotes and was bleeding heavily from multiple bite wounds when paramedics arrived.

She died early the next day after being airlifted to hospital in Halifax.

As of Friday, armed Parks Canada officials were continuing to search for the coyotes responsible for the attack, but an official said a widespread kill of the animals wouldn't occur.

TRURO DAILY NEWS, WITH FILES FROM THE CANADIAN PRESS AND METRO HALIFAX

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
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Drug charges laid against 17-year-old

CRIME A 17-year-old male is appearing in court today on drug charges after Halifax Regional Police stopped two males inside a taxi that was located outside of the Nova Scotia Liquor Commission store on Faulkner Street in Dartmouth Saturday night.

Police say both men were taken into custody just before 8 p.m. and one of them was found in possession of crack cocaine.

The 17-year-old is facing drug-trafficking charges. The other man was released without any charges being filed.

METRO HALIFAX

Ferry resuming regular service

ALDERNEY It's smooth sailing again for riders of the Alderney Ferry.

The Metro Transit ferry between Dartmouth and Halifax is resuming its regularly scheduled service today as the vessel out of service since Sept. 14 is now back up and running.

The vessel had been undergoing routine maintenance required by Transport Canada, which meant Alderney service had to be cut back during peak hours, from ferry's leaving every 15 minutes to every 30 minutes.

METRO HALIFAX

metronews.ca
WHAT'S ONLINE TODAY

Immigration Guidy Mamann outlines surprises found in the government's immigration plan for 2010 at metronews.ca/immigration



Lotteries

Friday, Oct. 30
Lotto Max: 6, 9, 10, 14, 17, 18 & 19 Bonus 46
Saturday, Oct. 31
Lotto 6/49: 5, 24, 31, 34, 35 & 44 Bonus 46
These results are not official.

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Shubie Park **November day**



RYAN TAPLIN/METRO HALIFAX

A woman walks along the canal at Shubie Park yesterday on a warm first day of November. Today's forecast calls for sunny skies earlier in the day with increasing cloudiness and a high of 9 C.

Amnesty offers Pixels for Pistols

OFFER Halifax Regional Police are launching a gun amnesty program with incentives.

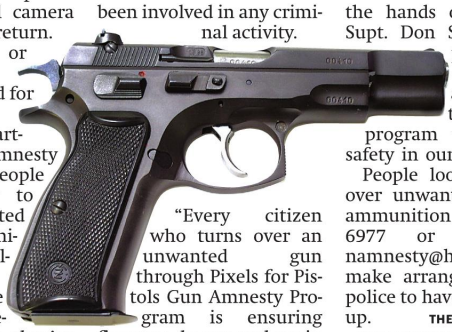
Starting today through the end of November, anyone who turns over a functioning firearm to police will get a digital camera and a gift card in return.

Ammunition or non-functional guns can be traded for a gift card.

The police department says the amnesty program allows people the opportunity to turn over unwanted guns and ammunition without penalty.

The guns will be investigated to determine whether they've been involved in any criminal activity.

"Every citizen who turns over an unwanted gun ... is ensuring firearms do not end up in the hands of criminals."
Supt. Don Spicer, Halifax police



"Every citizen who turns over an unwanted gun through Pixels for Pistols Gun Amnesty Program is ensuring firearms do not end up in the hands of criminals," Supt. Don Spicer, HRM's public safety officer, said in a release. "Ultimately, this program will enhance safety in our community."

People looking to turn over unwanted guns and ammunition can call 490-6977 or email gunamnesty@halifax.ca to make arrangements with police to have them picked up.

THE CANADIAN PRESS, WITH FILES FROM METRO HALIFAX

3 teenagers facing weapons charges after firearms seized

CRIME Three teenage males will appear in court today on weapons charges after Halifax Regional Police say they seized two firearms from a vehicle on Saturday night in Clayton Park.

Police checked what they refer to as "three suspicious males around a parked vehicle" on Kearney Lake Road by Belle Street just after 10 p.m. Saturday.

After the search, three men were taken into the custody and police say they found a loaded handgun and a sawed-off shotgun, which had no bullets in it.

Two of the males are aged 17 and the other is 19. The two 17-year-olds are also facing charges of breaching court orders.

METRO HALIFAX

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Youth sought after men assaulted

ATTACK Halifax Regional Police are searching for suspects after two men said they were assaulted by a group of teenagers on a city street Saturday night.

Police say both men, aged 25, were walking on Inglis Street around 9:30 p.m. when they were swarmed by a group of six to seven young men.

The victims were pushed to the ground, punched and kicked.

One of the victims was also pepper sprayed before the group ran off.

Paramedics were called to the scene, but neither of the men was sent to hospital.

Police say the assailants are believed to be around 17 and 18 years old.

THE CANADIAN PRESS

Hospital contract talks broken off

LABOUR Contract talks have broken off between 3,500 unionized hospital workers and eight district health authorities in Nova Scotia.

CUPE official Wayne Thomas says the wage offer from the employers doesn't even come close to the union's expectations.

Thomas says members are looking for wage parity with hospital workers in the Capital District Health Authority, where HRM hospitals fall under.

But he says the package they have been offered would leave his workers with wage rates between two and eight per cent behind their counterparts in Halifax.

CUPE will be holding the first of 18 strike votes across Nova Scotia on Thursday in Sydney.

The CUPE workers are members of different bargaining units including jobs in clerical, dietary, housekeeping, laboratory, X-ray and other departments.

THE CANADIAN PRESS

Police seek suspect in Value Foods robbery
Halifax RCMP is on the lookout for the person responsible for a break-and-enter at the Value Foods on Hammonds Plains Road last week. Police say on Thursday at 8:45 p.m., a man walked into the store, produced a handgun and left with an undisclosed amount of money. METRO HALIFAX

Pain treatment lacking in Atlantic Canada: Advocates

Terry Bremner has lived almost every day of his life in physical pain.

Born with a condition that caused soreness in his hip and legs, the father of two teenage boys said he finally found relief after undergoing a full hip replacement in his early 30s. But it didn't last.

"Five years later, I was in a head-on car accident in Alberta," he said. "I suffered a head injury, nerve damage, a broken shoulder … and that all turned into a condition called fibromyalgia — and basically that's pain all over. It's something I've had to learn to live with."

Bremner serves as president of Action Atlantic, a volunteer advocacy group working to improve chronic pain treatment in the Atlantic Provinces. He will speak at the Reflections of Pain conference, held tonight at 6:30 p.m. at Dalhousie University. The conference is one of several being held across the Atlantic provinces to mark National Pain Awareness Week.

Over half a million Atlantic Canadians live with pain on an ongoing basis, and largely have had to learn to fend for themselves. "They can't find services, and they have to wait for the services that are there … so we have to educate ourselves," Bremner said.

According to Bremner, wait times for treatment and a lack of education about pain in medical schools are two big issues that still need to be addressed by governments.

MONIQUE MUISE/METRO HALIFAX

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N.L. confirms swine flu death

Newfoundland recorded its first swine flu death on the weekend. Health Minister Jerome Kennedy confirmed yesterday that a 36-year-old woman from the province's central region died Saturday night after contracting the H1N1 virus. THE CANADIAN PRESS

Canada



Soldier's body headed for home

The latest Canadian victim of the relentless IED campaign by insurgents in Afghanistan was headed home Saturday after his flag-draped coffin was loaded onto a military transport plane. Sapper Steven Marshall, 24, of 11 Field Squadron, 1 Combat Engineer Regiment, was the sole casualty of an explosion that struck his patrol Friday in Panjwaii district, 20 kilometres southwest of Kandahar city.

THE CANADIAN PRESS

Wedding incident prompts criticism

VISITOR VISAS When Panita Chumchantha decided to tie the knot this past September, she wanted her Thai roots represented at her Canadian wedding.

The 31-year-old, who was adopted by a Canadian family years ago, longed to have her biological sister fly over from Thailand for her special day. But the wish went unfulfilled: her sister was denied a visitor visa by Canadian officials in Bangkok.

"They just said she was not a member of my family anymore," Chumchantha said. "I just wanted her to come for my ceremony, and then they refused it."

Shocked and frustrated, Chumchantha and her fiance pressed on with the wedding. Such emotional anecdotes are why NDP immigration critic Olivia Chow is pushing Ottawa to put in place an appeals process for those who feel wronged by Canada's visitor visa system.

THE CANADIAN PRESS

News in brief

OPINION A new survey suggests Canadians view U.S. President Barack Obama far more favourably than they did his predecessor, George W. Bush. At the same time, according to the poll, Canadians view Americans in much the same light as they did four years ago.

THE CANADIAN PRESS

Montreal **Casting the ballot**



GRAHAM HUGHES/THE CANADIAN PRESS

Mayor Gerald Tremblay casts his ballot in the Montreal municipal elections yesterday. The campaign between candidates was intense and took place amidst corruption allegations. Tremblay was re-elected with less than 40 per cent of the popular vote.

Report to probe migrant work

Fair isn't a word commonly used to describe Canada's controversial program for foreigners working here temporarily. It's widely criticized for being poorly monitored and for leaving workers vulnerable to abuse.

Canada's auditor general, Sheila Fraser, will issue a report tomorrow that, in part, will examine how the government manages the program.

Virtually without debate, successive federal governments almost doubled the number of foreigners coming to Canada with temporary work permits since 2003.

Last year, more than 192,000 came in — almost as many as the permanent residents Canada selected through the immigration system. On Dec. 1, 2008, Ottawa counted 251,235 foreigners in Canada with valid temporary work permits, many of which can last two years.

The workers come to fill labour shortages identified by employers.

TORSTAR NEWS SERVICE

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IMPORTANT INFORMATION

Public Health Agency of Canada / Agence de la santé publique du Canada

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40 law students catch H1N1
A hotel in Romania was closed yesterday after 40 law students meeting for a conference caught the H1N1 flu, officials said. THE ASSOCIATED PRESS

World



Marley heirs fighting trademark pirates

Heirs of Bob Marley are plunging into the global trademark wars, seeking to enforce their exclusive rights to an image that has grown steadily in appeal since the reggae superstar died in 1981. The Marley name, look and sound are estimated to generate $600 million US a year in sales of unlicensed wares. Legal sales are much smaller — just $4 million for his descendants in 2007, according to Forbes magazine. Now the family has hired Toronto-based Hilco Consumer Capital to protect their rights to the brand. Hilco believes Marley products could be a $1-billion business in a few years. THE ASSOCIATED PRESS

Afghan election over

Karzai handed victory as challenger quits ahead of run-off

Afghan President Hamid Karzai was effectively handed a second five-year term yesterday when his only challenger dropped out of the race.

U.S. President Barack Obama has been waiting for a new government in Kabul to announce whether he will send tens of thousands of new troops to Afghanistan. The war has intensified, and October was the deadliest month of the eight-year war for American forces. Former Foreign Minister Abdullah Abdullah announced his decision to quit six days before the run-off election, after last-minute talks led by the U.S. and United Nations failed to produce a power-sharing agreement acceptable to Karzai, according to a Western diplomat who spoke on condition of anonymity. In a speech, Abdullah told supporters that he could not accept a runoff led by the same Karzai-appointed election commission that managed the fraud-marred vote in August. The run-off was set for Nov. 7 after UN-backed auditors annulled nearly a third of Karzai's votes as fakes.
THE ASSOCIATED PRESS

CIA, Canadian connection for brother?

- President Hamid Karzai's brother says he passed information to Canadian sources about the location of IEDs in Afghanistan. Ahmed Wali Karzai was named in media reports earlier this week as a paid CIA informant. The reports also alleged he benefited from the drug trade, was involved in vote rigging and helped the CIA run a proxy paramilitary group. Karzai denied the allegations in an interview with The Canadian Press, but he also says Canadians are among those who benefit from the intelligence he gathers through his position as head of the Kandahar provincial council.
THE CANADIAN PRESS

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Denmark **That's a big boat**



ROYAL CARIBBEAN/THE ASSOCIATED PRESS

People watch the world's largest cruise ship on its maiden voyage from the Baltic Sea to Florida yesterday. The 20-storey, $1.5 billion US Oasis of the Seas — which is five times larger than the Titanic — had to lower its telescopic smokestacks in order to fit underneath the Great Belt Fixed Link bridge in Denmark, allowing only two feet of clearance.

Deadly storm strikes Philippines again

ASIA A tropical storm roared toward Vietnam yesterday after battering the Philippine capital of Manila and surrounding provinces, leaving 20 people dead in a region still soggy from three recent storms.

Typhoon Mirinae weakened as it headed over the South China Sea. Vietnamese Prime Minister Nguyen Tan Dung ordered residents to begin evacuating high-risk areas of five coastal provinces and ordered Vietnamese fishermen in the South China Sea to seek shelter immediately.

The two countries are still recovering from Typhoon Ketsana, which brought Manila its worst flooding in 40 years and went on to kill more than 160 people in Vietnam in late September.

Ketsana and two later storms killed more than 900 in the Philippines. Some 87,000 people who fled the storms were still living in temporary shelters when Mirinae struck.
THE ASSOCIATED PRESS

87,000
Number of people in the Philippines still living in temporary shelters from two previous typhoons

News in brief

CLEVELAND Six bodies found at the home of a convicted rapist facing a new rape allegation were female homicide victims, police said yesterday. Anthony Sowell, 50, was arrested Saturday. Police found the first two bodies when they went to his home to arrest him on the new charge. THE ASSOCIATED PRESS

Pot causing stir in Britain

LONDON Two more drug advisers to the British government have reportedly stepped down amid an increasingly heated debate over the country's marijuana policy.

The resignation of chemist Les King from the Advisory Council on the Misuse of Drugs follows the ouster of the group's chairman, who was forced to step down after speaking out against the government's decision to tighten restrictions on marijuana.

The government has reclassified it a more dangerous kind of drug.
THE ASSOCIATED PRESS

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Comment

Finding 5 reasons to love November

HineSight



A couple years ago my partner Liz and I had a really big fight. And, like most really big fights, it was about a really small thing.

We were choosing new carpeting for the hallway. Liz wanted a shade called "vanilla." I said this was a ridiculous choice. I insisted on "toasted almond." Truthfully, I'm not sure the difference between these two colours was visible to the naked eye. That didn't keep us from standing over the rolled up remains of our old carpet (an entirely different shade called, I think, "beige") screaming, "Vanilla! Vanilla!" And "Toasted Almond! Toasted Almond!"

There's only one thing that can turn two reasonable, happily married people into raving harpies. It

SunnySide

was November. Come these dark, dismal days of late fall, we human beings get testy.

Appropriately, Nov. 2 in Catholic tradition is Holy Souls day, dedicated to remembering "souls in purgatory."

That means "people stuck on the bus on Nov. 2 in the rain heading to a staff budget meeting." And, on Nov. 2 goalie Jacques Plante wore the first goalie mask in the NHL. I don't know the significance of that. Maybe it's "He just couldn't face November."

Nov. 2 is also national adoption day.

I used to get pretty excited about that until I realized it didn't mean someone was going to take my kids for 24 hours.

If we're go to make it through the month with anyone still talking to us, we need help. So here are:

Five Reasons to Love November:

1. It's a well-known fact that calories consumed during November don't count. OK, I made that up, but admit it, you felt better for a minute.

2. November has fascinating trivia attached to it. For instance, the month of November and the month of March both begin on the same day of the week. You heard it here.

3. There are no holidays this month that require you to cook someone dinner or buy them gifts, cards or chocolates. Mind you, there are no holidays that require someone else to do that for you either. Never a perfect world, eh?

4. It's finally possible to get that really great table on your favourite outdoor patio. Getting served there may be more difficult.

5. It's not February.

If you know another reason to love November, email me and I'll share them in a future column.

Till then, remember these words of wisdom: "Those who value peace, choose their carpet colour in June."

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

Tragic events give us time for reflection

UrbanScrawl



It happened with 9-11, it happened as the economy plummeted, and now with H1N1, it's happening again. In times of unrest, when the world is a whirlwind, we forget about the status quo.

We abandon our routines, forget about the past and the future, and focus on making the most of every moment we have. These tragic events, wake us up, give us perspective and make us remember what is important in our lives.

Have we gotten so comfortable with the status quo that we have forgotten about dreaming, about living each moment, and about sharing our true selves with one another?

Take just five minutes today, on your walk to your car/the bus, to think about where you are, where you've been and where you are going.

Ask, "Am I fulfilled mentally?" Do you feel stimulated by your surroundings, excited to start the day, and eager to share your knowledge with others? Are you working your mind, or are you simply following a routine?

Ask, "Am I fulfilled emotionally?" Do you get positive feedback at home? Work? Do you enjoy spending time with colleagues, family members, or your partner? Do you express your emotions? Is everyday a clashing of ideas ending in disagreement and unhappiness, or are these rare occurrences? Are you fulfilled emotionally, or is your job, your relationship, your family life, just good enough?

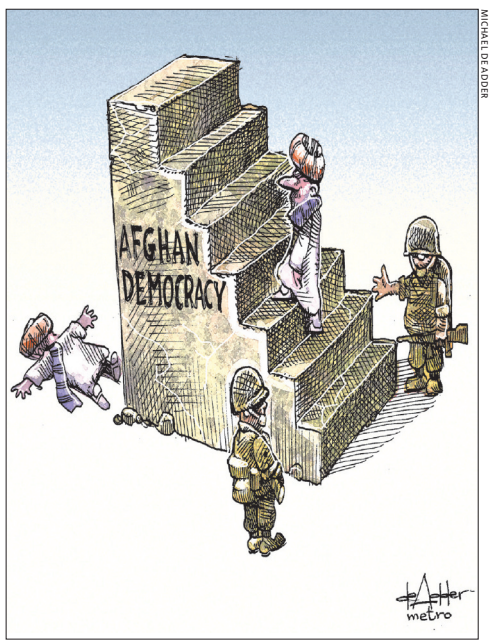
Ask, "Am I fulfilled physically?" Do you spend time listening to your body? Does it get rest, nutrition and exercise, or is it screaming for you to pay attention to it. Are you proactive in making good choices each day, or do you wait for a shocking event to kickstart behaviour changes?

Where are you unfulfilled, and what is something simple you can do to improve it. Whether that is taking time for you, challenging yourself to try something new, or simply starting to listen to your body, don't settle for the status quo.

You don't need to wait for a tragic event to shake things up.

Take a minute to remember to dream, to live, and to enjoy yourself along the way.

Christina Biluk is Director of Engagement for FUSION Halifax. Visit FUSIONHalifax.ca to find out how to get involved in shaping our city; theurbanscrawl@gmail.com.



MICHAEL DE ADDER

Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Cash for your green idea

TD Friends of the Environment Foundations is asking Canadian university students to submit their eco-friendly ideas for the Go Green Challenge. Winning teams will receive a $25,000 cash prize. Visit tdfef.com/gogreen for contest information. METRO NEWS SERVICES

Going Green



Guilt-free shine

The new Cucina Glass Cleaner from Fruits & Passion is biodegradable and is made of 90 per cent natural and plant-derived ingredients. For more eco-friendly household care products, visit fruits-passion.com.

METRO NEWS SERVICES

EDITOR: KUMAR.SAHA@METRONEWS.CA

Duo's got super freaky theories

ROMINA MCGUINNESS
Metro World News

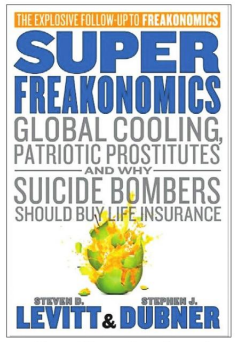
The follow-up to the bestseller Freakonomics — the aptly named Superfreakonomics — has barely hit the shelves, but it has already caused a whirlwind of controversy on the worldwide blogosphere.

Part of that debate has to do with one particular chapter on Al Gore, which is usually referred to as the Global Cooling chapter. Journalist Stephen Dubner, one half of the feisty writing duo which includes Steven Levitt, explains himself to Metro.

"I would never call myself a climate expert. Our first book was prominent, a bit of fun. Like whacking a piñata and seeing what comes out. I'm not a Sumo wrestler, nor a member of the Klu Klux Klan, nor a prostitute. There's this idea that you have to be in guild to comment on a situation," says Dubner.

"I don't know why everyone keeps calling it the Global Cooling chapter (The correct title being What do Al Gore and Mount Pinatubo have in common) ... There's been so much controversy surrounding our 'green' chapter simply due to the fact this is an industry with huge amounts at stake."

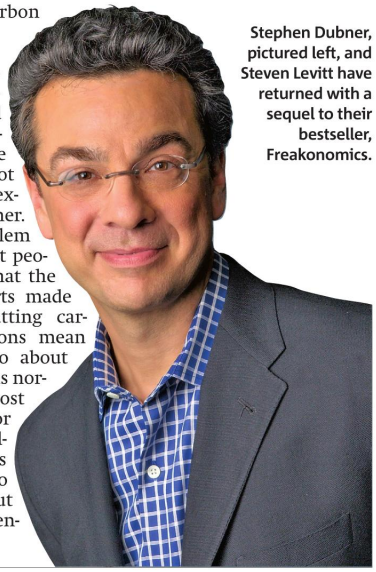
At the very beginning of the chapter, Dubner and Levitt do a backflip to the 1970s, when headlines were warning not of global warming, but of global cooling. That the situation could have so changed in the space of 40 years is surprising, and the two lead us into theories to cool the earth.



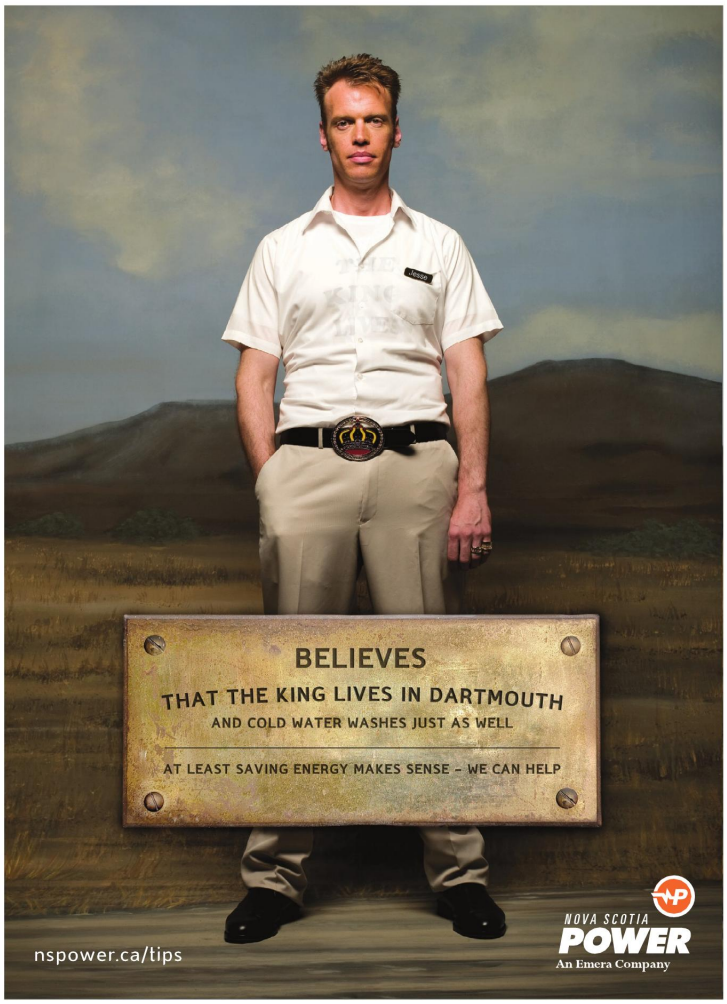
"What has caused people to get most agitated is our suggestion that carbon dioxide is not the monstrous villain it is made out to be. For those with interests in non-carbon energy sources, there is a lot at stake both politically and financially in this statement," explains Dubner.

What Dubner and Levitt mainly focus on is the idea of geo engineering, finding ways to cool down the planet other than preventing climate change via cutting carbon emissions.

"We're heading towards cataclysm and carbon mitigation alone is not enough," explains Dubner. "The problem today is that people think that the global efforts made towards cutting carbon emissions mean they can go about their loves as normal, its almost an excuse for them to pollute. There's no excuse to forget about alternative energy."



Stephen Dubner, pictured left, and Steven Levitt have returned with a sequel to their bestseller, Freakonomics.



In pursuit of plankton

NADIA LODDO
Metro World News

Science takes time. Patience. Stamina.

In the middle of the Mediterranean, the schooner Tara is at the beginning of a three-year odyssey around the world: A 150,000 km long expedition to explore the invisible world of the oceans.

"Ninety per cent of the biological mass of the oceans is made of plankton," explains Spanish marine biology researcher Silvia Acinas, scientific co-ordinator for Tara. "These organisms are responsible for absorbing 50 per cent of the CO2 emissions on the Earth and producing 50 per cent of the oxygen we breathe but we only know one per cent of them: This expedition is about discovering the remaining 99 per cent."

As a matter of fact, oceans are the major factor influencing climate, as they work as carbon pumps to a greater extent than rainforests do.



Around the world

- **Duration:** 3 years (Sept. 2009 to Nov. 2012).
- **Distance:** 150,000 km
- **Port visits:** 60
- **Oceans/seas crossed:** Mediterranean sea, Red sea, Indian ocean, Atlantic ocean, Pacific ocean, Arctic ocean.
- **Participating scientists:** More than 100 people on land and 22 scientific co-ordinators.

Court ruling a boost to Canwest's hopes for National Post
An Ontario judge has allowed Canwest Global Communications to move its money-losing National Post into the division that runs its other papers, which Canwest says is its best hope of saving the newspaper. THE CANADIAN PRESS

Business

DOLLAR	GAS	OIL	TSX
US 92.43¢ (Friday's close)	US $5.05 (Friday's close)	US $77.00 (Friday's close)	10,910.75 (Friday's close)

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Autos Lexus to lease, not sell its new supercar



ITSUO INOUYE/THE ASSOCIATED PRESS

Toyota president Akio Toyoda introduces the Lexus LFA at the 41st Tokyo Motor Show in late October. Only 500 units of the LFA are to be produced and sold worldwide. The rare new Lexus, only 10 of which are available in Canada, comes with a unique caveat: it's not actually for sale. To forestall people buying the $375,000-plus US vehicle to resell it at a profit, Lexus will only lease the super-car.

Business in brief

TSX Investors will be looking to see if last week's slide on the Toronto stock market will turn out to be another buying opportunity for those looking for an entry point or the start of a long-awaited correction.

COFFEE Tim Hortons is boosting the price of a cup of coffee in Quebec, Manitoba and the Maritimes early next week as it contends with higher costs for running its franchised stores. Executives told analysts that the increase would be rolled out during in the first two weeks of November and that it would range from five to seven cents for a cup on coffee.

BANKS The Royal Bank of Scotland, Northern Rock, and Lloyds Banking Group are to sell off as many as 700 branches in the next few years in exchange for the public aid they received during the economic meltdown, a government official told The Associated Press.

METRO NEWS SERVICES

Madoff thought he had fooled SEC: Document

PONZI Bernard Madoff was apparently convinced that it never even occurred to U.S. Securities and Exchange Commission staff he was running a Ponzi scheme, despite the agency's numerous probes of his business.

A document released Friday details a prison interview conducted in June by the SEC inspector general in which Madoff says he had the impression that "it never entered the SEC's mind that it was a Ponzi scheme."

Madoff confided that he didn't bring a lawyer with him when he testified in an inquiry by the SEC's enforcement division because he believed he didn't need one — and he was trying to fool the government investigators into thinking he had nothing to hide.

An inspection of Madoff's operation in 2003-04, for example, "was put on the back burner" even though the exam team still had unresolved questions, inspector general David Kotz found.

Madoff said that the SEC examiners "never asked" for basic records to corroborate his operations.

THE ASSOCIATED PRESS

Background

- Bernard Madoff, a former Nasdaq chairman, pleaded guilty earlier this year to charges that his secretive investment advisory operation was a multibillion-dollar Ponzi scheme. He was given 150 years in prison.

New law upsets tobacco producers

U.S. burley lumped in with flavoured cigs

Tobacco advocates are seething over a new Canadian law they claim will snuff out sales of cigarettes packed with U.S. burley tobacco, and they are fighting back to protect their export sales.

They are asking U.S. trade officials to take their complaints to the World Trade Organization, hoping to pressure Canadians into protecting the burley variety from the tobacco crackdown. They also want to head off the spread of similar laws to other foreign markets that are crucial consumers of the American tobacco leaf.

Export markets are "absolutely critical" to the tobacco industry, and a spread of similar laws to other countries "could have an absolutely devastating economic impact" on the sector, said Erica Peterson, executive vice-president of the North Carolina Agribusiness Council.

The Canadian law won final approval this month. It is meant to curtail youth smoking in part by banning the sale of tobacco scented with fruit and candy flavours. U.S. tobacco supporters complain that the law overreached to cover burley, which is laced with flavours to smooth its harsh taste.

"This act is far broader than necessary to meet its laudable objective," several tobacco groups said.

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For ticket information, please visit www.maritimeprovinces.bbb.org

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Maritime Business Ethics Awards



Vettel wins Abu Dhabi GP

Red Bull driver Sebastian Vettel won the Abu Dhabi Grand Prix yesterday, and teammate Mark Webber hung on for second to give the team a one-two finish. Brawn GP driver Jenson Button was third. THE ASSOCIATED PRESS

Sports



Serena beats sister again

Serena Williams, left, beat older sister Venus again yesterday, winning 6-2, 7-6 (4) in the season-ending Sony Ericsson Championships final in Doha, Qatar. It was Serena's fourth straight win over her sister. She also beat Venus in the round-robin stage of the Doha tournament, the Wimbledon final and the semifinals in Miami this year. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

AUS RUGBY The Saint Mary's Huskies fell 67-7 to the St. Francis Xavier X-Women in the Atlantic University Sport rugby final on Saturday in Antigonish. St. F.X. has won all 12 titles since rugby became an AUS sport in 1998.

AUS CROSS COUNTRY Dalhousie's Russell Christie won the Atlantic University Sport men's cross-country title on Saturday at Point Pleasant Park. Ashley Ryer of Saint Mary's captured the women's crown, while St. Francis Xavier claimed the men's and women's team titles.

AUS HOCKEY The Dalhousie Tigers men's hockey team has its first win of the season after defeating the Moncton Aigles Bleus 6-4 on Friday night. The Tigers are still tied for last in Atlantic University Sport with a 1-3-2 record.

AUS BASKETBALL The Dalhousie Tigers and Saint Mary's Huskies both posted 2-0 records at the Stu Aberdeen Challenge exhibition men's basketball tournament.

AUS SOCCER The Dalhousie Tigers wrapped up the Atlantic University Sport men's soccer season on the weekend in second place with an 8-2-3 record. They host the AUS championship starting Friday at Wickwire Field.

METRO HALIFAX

Herd look to shake off losing streak

Five-game home stand offers some hope

MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Mooseheads get back to work this week with a losing streak that has stretched to 11 games.

The Mooseheads lost 4-1 to the Cape Breton Screaming Eagles in Sydney on Friday to fall nine points into last place in the QMJHL standings with just one victory in 19 tries.

Their losing streak is the worst all season in the QMJHL.

The good news is a five-game home stand is around the corner. After the Mooseheads visit the Saint John Sea Dogs on Wednesday, they kick off their lengthy stay at the Metro Centre on Friday against the Val-d'Or Foreur. They also host the Prince Edward Island Rocket on Saturday.

The Mooseheads played Friday without three key players, 17-year-old defenceman Konrad Abeltshauser and forwards Charles Bety and Gabriel Desjardins. Abeltshauser is being eased into the lineup after breaking his wrist, while Bety (elbow) and Desjardins (flu) remain on the injured list as day-to-day.

SMU heading to Loney Bowl

MATTHEW WUEST
matthew.wuest@metronews.ca

AUS FOOTBALL The Saint Mary's Huskies are riding a seven-game winning streak heading into Atlantic University Sport's Loney Bowl.

Saint Mary's wrapped up the AUS football season on Friday with a 21-7 win over the Acadia Axemen on Friday at Huskies Stadium. The Huskies have been on a tear since dropping their season-opener to the St. Francis Xavier X-Men.

Rookie running back Tristan Jones had a touchdown and Justin Palardy set a single-season AUS record for field goals with 23 after booting four through the uprights.

The Huskies meet the winner of Saturday's Acadia-St. F.X. semifinal in the Loney Bowl on Nov. 14.

The Huskies could hear word as early as today on their appeal of a three-game suspension to running back Devon Jones. Jones served one game of the suspension on Friday.

AUS Dal thumps Mount Allison



RYAN TAPLIN/METRO HALIFAX

Mount Allison Mounties' Jessica Keating and Dalhousie Tigers' Ashley Donald battle during yesterday's Atlantic University Sport women's soccer game at Wickwire Field. The Tigers dumped the Mounties 5-0 to finish the AUS season in first place at 10-0-3 heading into championship weekend Friday in St. John's, N.L.

Favre triumphant in his return to Lambeau

NFL For the second time in less than a month, Brett Favre sliced up his former team and stuck it to the franchise that cast him aside as the Minnesota Vikings beat the Green Bay Packers 38-26 at Lambeau Field yesterday.

If walking out to waves of loud jeers from his former fans threw Favre off his game, it didn't last long. Despite being jeered repeatedly by Packers fans who once cheered his every move, Favre completed 17-of-28 passes for 244 yards and four touchdowns. The Vikings (7-1) took a firm hold on the NFC North standings.

Rookie receiver Percy Harvin caught five passes for 84 yards and a touchdown and had five returns for 175 yards.

The Vikings' defence roughed up Favre's successor, Aaron Rodgers, sacking him six times. But with the Packers (4-3) on the verge of getting routed, Rodgers rebounded with three second-half touchdowns.



BRIAN PETERSON/THE ASSOCIATED PRESS

Minnesota quarterback Brett Favre is surrounded by Green Bay defensive players during his return to Lambeau Field yesterday. Favre threw for 244 yards and four touchdowns against his former team as the Vikings beat the Packers 38-26 in Green Bay.

Despite the final score, it was an awkward homecoming for Favre, whose high-profile standoff with the front office split the loyalties of Packers fans last summer.

Rams 17 Lions 10 — At Detroit, as expected of two teams that combined for one win entering the day, the Rams and Lions played an awful football game. St. Louis, though, loved the outcome — for the first time all season.

Elsewhere it was: Colts 18 49ers 14; Ravens 30 Broncos 7; Titans 30 Jaguars 13; Chargers 24 Raiders 16; Panthers 34 Cardinals 21; Eagles 40 Giants 17; Cowboys 38 Seahawks 17; Dolphins 30 Jets 25; Texans 31 Bills 10; and Bears 30 Browns 6.

THE ASSOCIATED PRESS

Nelson, Reddick lead Magic over Raptors

NBA RESULT

Orlando 125 Toronto 116

This wasn't quite the reception Hedo Turkoglu had hoped the Toronto Raptors would give his former Orlando teammates.

Jameer Nelson scored 30 points, while J.J. Redick added a career-high 27 to lead the Magic to a 125-116 win yesterday over Toronto, Turkoglu's first game against his former team since the July trade that landed him in Toronto.

"It was good to see them, but I wanted a different way to send them home," said Turkoglu, who helped the Magic to the NBA finals last season.

Chris Bosh had 35 points and 16 rebounds to top Toronto (1-2), while Andrea Bargnani finished with 26 points. Turkoglu, the key piece of a four-team, eight player off-season trade, added 19 points, and Jose Calderon finished with 10.

Dwight Howard had 24 points and 11 rebounds for the Magic (3-0), who were playing without former Raptors star Vince Carter. Ryan Anderson finished with 20 points, while Matt Barnes had 12 points, nine boards and six steals.

Celtics 97 Hornets 87 — At Boston, Paul Pierce scored 27 points and the Boston Celtics improved to 4-0.

Chris Paul had 22 points and eight assists for New Orleans, and then had to be held back after the game when he tried to follow the Celtics off the court to their locker room.

Heat 95 Bulls 87 — At Miami, Dwyane Wade scored 25 points to push his career total to 10,005, Udonis Haslem had 19 points and 11 rebounds off the bench, and Miami improved to 3-0.

THE CANADIAN PRESS

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McMurray claims win in dull Talladega race

Jamie McMurray was the unlikely winner of an uncharacteristically dull race at Talladega Superspeedway, where a ban on bump-drafting forced most drivers to coast until the end yesterday. Jimmie Johnson's eighth-place finish is enough to likely seal his NASCAR-record fourth consecutive championship. THE ASSOCIATED PRESS

MLB A-Rod plunked



ERIC GAY/THE ASSOCIATED PRESS

New York Yankees' Alex Rodriguez is hit by a pitch from Philadelphia Phillies pitcher Joe Blanton in the first inning of Game 4 of the Major League Baseball World Series last night, in Philadelphia. Go to metronews.ca/sport for the game story.

Extra time boosting Habs

The Montreal Canadiens may lead the rival Toronto Maple Leafs by eight points in the NHL standings, but one nasty statistic sticks out for both clubs — they have each won only once in regulation time.

When the Canadiens came back from blowing a two-goal lead to the Leafs in the final 3:28 of regulation time to win 5-4 in a shootout Saturday night, it left them a perfect 6-0 in games that go into overtime or shootouts (4-0 in OT, 2-0 in shootouts).

The 7-7-0 Canadiens' only regulation win was a 5-1 decision over the New York Islanders on Oct. 22, while 1-7-4 Toronto's only victory of any kind was a 6-3 win at Anaheim on Oct. 26.

"When we go into overtime now we're thinking, who's going to get the goal?" Montreal centre Scott Gomez said. "We feel that when we go into OT, we're confident. But we can't do that too often.

"There's no excuses. We have to finish these games. But at least there was no panic. We just said, 'Let's go get the two points.' "

Montreal outshot the Leafs 4-1 in the scoreless overtime and in the shootout, it was no contest.

Vesa Toskala barely moved as Mike Cammalleri and Gomez beat him with near identical high wrist shots, while Jaroslav Halak stopped both Lee Stempniak and Tomas Kaberle.

The Canadiens have won five straight at home, all with Halak in goal. Because he won, he is expected to start again ahead of Carey Price when they play host to the Atlanta Thrashers tomorrow night.

THE CANADIAN PRESS

Defenceman critical after taking a big hit

OHL Kitchener Rangers defenceman Ben Fanelli remained in hospital yesterday in critical but stable condition after suffering a frightening injury during an Ontario Hockey League game.

Rangers CEO Steve Bienkowski said in a statement posted to the team's website that there has been no official change in Fanelli's condition.

The 16-year-old suffered skull and facial fractures during Friday night's 4-0 win over the visiting Erie Otters and was airlifted to a Hamilton hospital after being taken to a local hospital.

He also suffered a cut above the eye but was conscious as he was taken off the ice.

Fanelli was checked into the end boards by Erie's Michael Liambas and his head went hard into the glass, sending his helmet up in the air.

Fanelli then fell to the ice and a pool of blood from the cut on his face formed under his head.

Liambas was ejected from the game after receiving a match penalty for boarding.

THE CANADIAN PRESS

To see the hit, visit: metronews.ca/sports

Sports in brief

HOCKEY Hockey Former NHL MVP Peter Forsberg is making a comeback with the Sweden national team for the Karjala Cup. Sweden coach Bengt-Ake Gustafsson says Forsberg will join the team for the Euro Hockey Tour event starting Thursday.

RUNNING Marathon Meb Keflezighi yesterday become the first American man to win the New York City Marathon since 1982. Paula Keating of Miramachi, N.B., was the top Canadian woman, finishing 43rd in 2:58.02. Edmonton's Krissy Dooling followed in 49th at 2:58.39.

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More diversity in student population at Maritime universities

According to figures released last week by the Maritime Provinces Higher Education Commission, the student population in the region's universities is becoming increasingly diverse, with the number grads from outside the region increasing by eight per cent over five years. METRO NEWS SERVICES

Workology

Lack of second-language training

While some universities in Canada offer second-language courses, "there is a definite lack of more intensive second-language training opportunities," according to a study released last week by the Office of the Commissioner of Official Languages. One recommendation is for all levels of governments to set up a new fund to provide financial assistance to universities for new initiatives to improve second-language learning opportunities. METRO NEWS SERVICES

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New meaning to shopping for a job

OddJobs

Diane Peters



Metronews.ca/oddjobs



Being from New York, professional shopper Sandra Phillips says shopping is in her DNA.

One year, Sandra Phillips opened a separate bank account and deposited all the money she saved in it. After 12 months, she had $1,500.

It pays in more ways than one to be a smart shopper.

"I'm from New York City. I kind of have shopping in my DNA. There, you knew you never had to pay retail," she explains.

She fell in love with a computer consultant from Montreal, so she married and moved north. The prices charged at the malls there surprised her.

But the high school art teacher was too busy to do much about it. She soon had three kids and took time off from her career to raise them.

When her youngest was a toddler, she met a woman who'd written a pamphlet-sized guide of the Chabanel Street fashion district. The author no longer wanted to update the guide, so Phillips bought the rights.

She took her two-and-a-half-year-old son out in the stroller every day, cruising the city streets looking for stores and deals. (The toddler soon coined the term "work-shopping.") Phillips collected newspaper articles about stores and talked to people about where they shopped.

In 1986, she published the first edition of Smart Shopping Montreal. It sold 5,000 copies in three months and Phillips suddenly found herself fielding media calls while trying to finance a second print run of the book.

A female bank manager loved the book and helped Phillips secure a loan. As the years passed, Phillips became a pro at the business and marketing side of her newfound profession.

In 2003, she and her travel-loving husband published a guide to all the exits along Interstate 95. That book also became a best-seller.

These days, Phillips spends 10 weeks on the road with her husband updating Drive I-95. Back at home, she heads out work-shopping when the weather is nice — she visits half of the 1,500 businesses listed in her book every year, and alternates French and English editions annually.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Professional shopper/ shopping guide writer
Education/training: A love of research; ability to speak in front of crowds.
Best Part of the Job: "Making people happy. I save people money and I'm creating business in Montreal."
Worst Part of the Job: "Paying the bills, paying the taxes, doing all the drudgery of the paperwork."

Free Lecture with Kate Rhéaume-Bleue, ND



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Kate Rhéaume-Bleue, ND

Kate Rhéaume-Bleue is a doctor of naturopathic medicine, a writer, and an educator. A graduate and former faculty member of the Canadian College of Naturopathic Medicine, Dr. Rhéaume-Bleue is an expert in natural medicine and lectures across Canada on topics related to health and wellness.

Networking isn't one-size-fits-all

BookReview

Highly Effective Networking
Author: Orville Pierson
Publisher: Career Press, 249 pages
Price: $21.95

Being a recruiter that's specialized in the marketing space, I am constantly shocked at how few people take advantage of networking to find a job.

Orville Pierson, the author of Highly Effective Networking echoes this sentiment but suggests that its possible that the majority of the books out there cater to folks who are looking to become "power networkers." He also insinuates that networking for business is different to job hunt networking.

Though much of Pierson's book is common sense, I think it shines a light on the fact that many of us disregard some of the basic tools we have at hand to find a job.

At the end of the day Pierson puts a forth a straightforward plan. I agree that this is often lacking with the talent who approach me for work, they know they need to network, but not necessarily how.

CRAIG LUND/FOR METRO CANADA

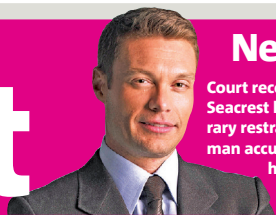
Craig Lund, a director with the staffing firm Marketers on Demand, can be reached at craig.lund@marketersondemand.com



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New bail offer
A French lawyer for director Roman Polanski, imprisoned in Switzerland, says a new bail offer will be filed tody and it will be a "very, very significant" cash amount. THE ASSOCIATED PRESS

Entertainment



New Order

Court records show Ryan Seacrest has obtained a temporary restraining order against a man accused of stalking the host of American Idol. THE ASSOCIATED PRESS

EDITOR: DEAN.LISK@METRONEWS.CA

The dawn of Matt Dusk

Canadian crooner has some Good News

ROB MCMAHON
for Metro Canada

In some ways, Canadian crooner Matt Dusk wishes he was Scandinavian.

That's because they make the best pop. Dusk, who spent the past few years on an international search for pop tunes to cover on his new album, spent a lot of time listening to work developed in Nordic countries. His goal was to re-envision hit songs from around the world, applying his crooner vocals and modern pop production in a kind of globalized musical translation project.

"(Scandinavian) beats and melodies are always amazing; the lyrics, not so much ... Timbaland's been going over and getting ideas from those countries (for years)," explained Dusk. "The Nordics are just amazing musicians, and I figured if Timbaland can do it, I can too."

"The Nordics are just amazing musicians, and I figured if Timbaland can do it, I can too." Matt Dusk

After combing through some 1,700 songs, Dusk chose a few for his new album, Good News. Many came from the Nordic region — not surprising, given its influence on North American pop artists from Rihanna to Beyoncé.

"If a song is No. 1, there's something in it to make the song soar — something in the production that makes it really good," he said. "What that exact thing is, is different for every song.

"Love Attack is a song you wouldn't expect from me, but it's what moved me. I loved the crazy synth sounds and the beat. It was first pitched to me as a demo, and was only half done at the time, but I loved it and played it nonstop."

When arranging the songs, Dusk and his co-producer Ron LoPata punched up those elements they liked and built over stuff they didn't. The result was an album that draws on a range of styles, from jazzy piano to post-millennial hip hop. But despite this scope, Dusk's classic vocals anchor each song.

"I didn't set out to re-invent the wheel," he said. "It was more like taking the classic Ford Model T and turning it into a Ferrari. Take that original design, and improve and update it to make it original."



Good News, the new album from Matt Dusk, was released last week.

weekend box office

1. **Michael Jackson's This Is It:** $21.3 million US
2. **Paranormal Activity:** $16.5 million
3. **Law Abiding Citizen:** $7.3 million
4. **Couples Retreat:** $6.1 million
5. **Saw VI:** $5.6 million
6. **Where the Wild Things Are:** $5.1 million
7. **The Stepfather:** $3.4 million
8. **Amelia:** $3 million
9. **Astro Boy:** $3 million
10. **The Vampire's Assistant:** $2.8 million

THE ASSOCIATED PRESS



HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/2/09 primetime	31	31	31 ABC	News Center 5	ABC Wld News	Inside Edition	Chronicle	Dancing With the Stars (HDTV) (Live)				Castle
	7	7	7 ASN	The Road to Avonlea		Degrassi: TNG	TMZ (N)	Gossip Girl (HDTV) (N)		Two/Half Men	Big Bang Th	Castle
	11	11	11 CBC	Wheel-Fortune	Jeopardy! (N)	Battle-Blades	Little Mosque	Just for Laughs (N)		CBC News: The National		The Hour
	2	2	2 CBC-F	Pyramide (SC)	La force	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)		La Galère (HDTV) (N) (SC)		Le Téléjournal
	32	32	32 CBS	WBZ News (N)	Evening News	Wheel-Fortune	Jeopardy! (N)	How I Met	Accidentally	Two/Half Men	Big Bang Th	CSI: Miami (N)
	69	69	69 CFTM	TVA nouvelles	Le Cercle (SC)	La Classe de 5e (N) (SC)		Yamaska (HDTV) (N) (SC)		Lance et compte		TVA nouvelles
	6	6	6 CIHF	Entertainment	ET Canada	Heroes (HDTV)		House		Lie to Me		News Final (N)
	9	9	9 CJCH	etalk	Hollywood	CSI: Miami (HDTV) (N)		Dancing With the Stars (HDTV) (Live)				CTV News
	10	10	10 ELTV	Philip Riteman	Fishing	Sportsland (Live)		Face to Face	Sportsland		Community Matters	
	36	36	36 FOX	Seinfeld	The Simpsons	Two/Half Men	MLB Baseball World Series, Game 5 -- New York Yankees at Philadelphia Phillies.					
	12	12	12 NBC	News (N)	NBC News	Hollywood	Extra (N)	Heroes (HDTV) (N)		Trauma "Home Court"		Jay Leno Show
	29	29	29 NW	(6) Power & Politics		Connect Today's biggest stories. (N)				CBC News: The National		Floating Feet
	4	4	4 PBS-B	NewsHour With Jim Lehrer		Greater Boston	Chronicles	Antiques Roadshow		American Experience (HDTV)		People-Frank
	35	35	35 PBS-D	NewsHour With Jim Lehrer		Business Rpt.	Worldfocus	Antiques Roadshow		American Experience (N)		Camp Forgot.
	68	68	68 TQS	Guerre clans	Wipe Out	La Maison de	Rire et délire	CSI: NY (SC)		Le Mentaliste (N) (SC)		Wipe Out
news	23	96	96 BNN	Business News	Headline	Market Call Tonight		MoneyTalk	Market Call	Squeeze Play		Business News
	18	18	18 CNN	Situation Room-Wolf Blitzer		Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Cooper 360
sports	54	54	54 GOLF	Golf Central	Top 10 (HDTV)	Learning	Talk to a Pro	The Golf Fix	Top 10	Big Break Disney Golf (HDTV)		Golf Hall
	52	52	52 RSE	Connected W-Prime Time		MLB Pregame	MLB Baseball World Series, Game 5: New York Yankees at Philadelphia Phillies. (HDTV) (Live)					
	55	55	55 SCOR	(6) Morency	Covers Experts	RaceNight				(10:15) WWE Monday Night Raw		
	45	45	45 SPD	Unique Whips (HDTV)		Pass Time	NASCAR Hub	This Week in NASCAR (N)		SuperCars	SuperCars	Auctions
	53	53	53 TSN	Off the Record	SportsCentre	That's Hockey!	Monday Night Countdown		NFL Football Atlanta Falcons at New Orleans Saints.			
family	43	43	43 FAM	Suite Life	Suite Life	Suite Life	Suite Life	Suite Life	Suite Life	Suite Life	Suite Life	Suite Life
	44	44	44 TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
	26	26	26 TREE	Timmy Time	3rd & Bird	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Bucket-Dinos	Babar
	27	27	27 YTV	iCarly	True Jackson	Drake & Josh	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
cable variety	16	16	16 A&E	The First 48		Criminal Minds (HDTV)		Intervention "Nicole"		Intervention (HDTV)		Hoarders
	70	70	70 APTN	APTN National News (N)		Parler-Survivre	Makusham	La Guerre de 1812		Bats: la nuit des chauves-souris ★ (1999)		
	50	50	50 BET	106 & Park: BET's Top 10 Live Top 10 countdown. (Live)				To Wong Foo, Thanks for Everything, Julie Newmar ★★				Tiny & Toya
	37	37	37 BRVO	Wind at My Back		Ballet Victoria, A Leap of Faith		Grey Horse Rider		Saturday Night Divas		Bryan Ferry
	25	25	25 CMT	Unstable	Unstable	Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.
	49	49	49 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Carlos Mencia
	153	153	153 COURT	W-FIVE		Trace Evidence-Dr. Henry Lee		Cops Uncut	Dumb Criminal	Missing Link Psychic.		Evidence
	38	38	38 DISC	Canada's Worst Driver		Daily Planet (N)		MythBusters		Dirty Jobs (N)		Worst Driver
	34	48	48 HGTV	Extreme Makeover: Home		House Hunters	Property Virgin	For Rent	Income Prop.	House Poor	My First Place	House Hunters
	46	46	46 HIST	Exploring Hitler's Berlin		Exploring Hitler's Mountain		Patton 360 (HDTV)		Battles BC (N)		Generation Kill
	17	17	17 MM	Video on Trial	Video on Trial	One Tree Hill		Degrassi: TNG	Degrassi: TNG	So You Think You Can Dance Canada		
	19	19	19 MMM	mmtop10.ca		The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Brooke Knows
	201	201	201 M1	Zohan	(7:25) The Building (2009, Drama)			Sanctuary "Revelations"		Dexter		Californication
	48	23	23 OLN	Mantracker		Ghost Hunters International		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters
	51	51	51 PEACH	The Office	Name Is Earl	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: SVU		Rich Man Wife
	206	206	206 PIX	(6:10) Sneakers (1992, Suspense)			(8:20) Partners in Action (2002, Action)			Sweet Smell of Success (1957, Drama)		
	67	67	67 RDI	RDI monde	RDI économie	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie
	39	39	39 SHOW	Trailer Park	Trailer Park	The Outer Limits		Loch Ness ★★ (1996, Adventure) Ted Danson, Ian Holm.				Bones
	40	40	40 SLICE	Skin Deep	Skin Deep	Rich Bride, Poor Bride		10 Pounds	10 Pounds	Re-Vamped (HDTV)		Plastic-Perfect
	47	47	47 SPACE	Stargate SG-1 "Need"		Stargate Atlantis (DVS)		Star Trek: Voyager		Star Trek "The Cage"		
	14	14	14 SPIKE	CSI: Crime Scene Invstgtn.		Cradle 2 the Grave ★★ (2003, Action) Jet Li.				UFC Fight Night		
	57	98	98 STAR	etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		Dr. Oz Show
	21	21	21 TLC	Say Yes-Dress	Say Yes-Dress	Little People	Little People	Little People	Little People	Kate: Her Story (N)		Cake Boss (N)
	56	34	34 TROP	Carlawood	Carlawood	Raymond	Raymond	The Outer Limits		ET Canada	Comeback	Family Guy
	20	20	20 TV5	Que.-champion	Journal de Fr2	Vie privée, vie publique		Un mur à Berlin			Trains comme les autres	
	28	28	28 V	Doc "Safety First"		Murder, She Wrote		My Husband	Summer Wine	McLeod's Daughters (N)		Unscripted (N)
	60	97	97 VIVA	Da Vinci's Inquest		Cold Case "Look Again"		Missing "Lost Sister"		The Closer		Cold Case
	22	22	22 W	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Love It or List It (N)		House
	251	251	251 WGN	WGN Evening News		Two/Half Men	Family Guy	One Tree Hill (HDTV) (N)		Gossip Girl (HDTV) (N)		WGN News

critics' corner

Trauma
In an unsettling turn of events, Nancy and Glenn (Anastasia Griffith, Taylor Kinney) find themselves on the other end of the trauma. Boone's (Derek Luke) on-scene priorities are questioned. Rabbit (Cliff Curtis) has a surprising reaction while treating a patient. Kevin Rankin, Aimee Garcia and Jamey Sheridan also star in the new episode "Home Court." 10 PM on NBC



Little Mosque on the Prairie
When the church needs renovation work, the Rev. Thorne (Brandon Firla) need look no further than Yasir (Carlo Rota), a contractor by trade who's right there in town — and in the building the church and mosque share. But given Thorne's feelings about Mercy's Muslim population, Yasir has to pull out all the stops — and it costs him dearly. Sheila McCarthy and Sitara Hewitt also star in the new episode "The Bid." 8:30 PM on CBC

Dirty Jobs
In this new episode, Mike Rowe is in California learning how to make down comforters and pillows — starting with collecting ducks and geese from hunters and removing their wings. From there, it's on to the picking machine to harvest the feathers and down, then the gutting table — yes, it is as gross as it sounds. 10 PM on DISCOVERY



Celeb baby gets a normal first name

It's another boy for Colin Farrell. A spokeswoman for the 33-year-old actor said Friday that Farrell and actress Alicja Bachleda welcomed son Henry Tadeusz Farrell on Oct. 7. The couple met while filming Ondine. THE ASSOCIATED PRESS

Celebrity Buzz

Cheetah tried to eat my nipple: Bai Ling

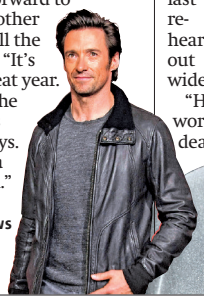
A DARWIN AWARD JUST WAITING TO HAPPEN Bai Ling learned the hard way not to get too close to her pet cheetah-cat, Quiji, a domestic cat and cheetah mix that a boyfriend got her for $30,000 US. "I sleep naked," Ling explains to People Pets. "She was kissing me, and suddenly, she woke up. She saw my nipple, and oh my God, she went for it! If I wasn't fast, my nipple is gone. She thought it was a toy or something."



METRO WORLD NEWS

Hugh wants to be Sexiest times two

WHEN YOUR MOVIES FLOP, IT HELPS YOU STAY IN THE NEWS Time is drawing near for Hugh Jackman to pass to the torch onto the next People's Sexiest Man Alive, but the Aussie hunk knows exactly who he wants to win the title: "Me," he tells the magazine. "I want to be the first to have it back to back. That would be fantastic." But he admits he's looking forward to seeing another man get all the attention. "It's been a great year. But now the pressure's off," he says. "I can be a slob again."

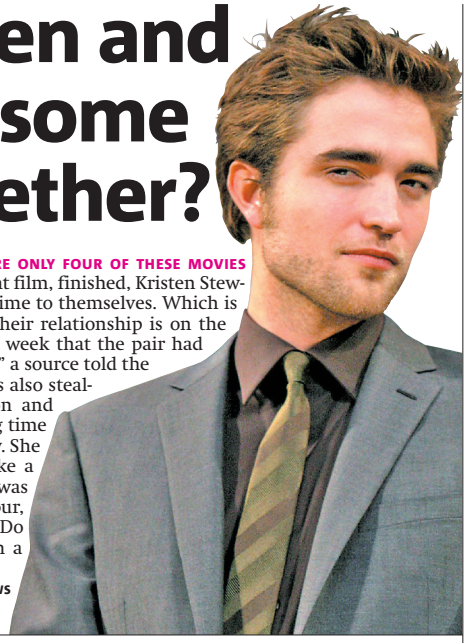


METRO WORLD NEWS

Will Kristen and Rob get some time together?



WE'RE STARTING TO BE THANKFUL THERE ARE ONLY FOUR OF THESE MOVIES With filming on Eclipse, the third Twilight film, finished, Kristen Stewart and Robert Pattinson may get a little time to themselves. Which is good, because some sources are claiming their relationship is on the rocks. In fact, OK! Magazine reported last week that the pair had broken up. "Rob was talking marriage," a source told the magazine. "The relationship was also stealing all of Kristen's attention and keeping her from spending time with her friends and family. She told him they need to take a break." But Stewart's rep was quick to quash that rumour, telling Showbiz Spy, "Do you really consider them a news source?"



METRO WORLD NEWS

Michael's 'worth more dead' than alive: Joe Jackson

AND I'M GONNA RIDE THAT GRAVY TRAIN AS FAR AS IT GOES Joe Jackson isn't afraid to say what everyone's thinking about his son Michael Jackson now the This Is It, the film documenting the singer's last rehearsals is out worldwide. "He's worth more dead than when he was alive," Joe told Extra. "I'd rather have him alive." The father who famously pushed his son into the spotlight admits he wasn't originally on board for the concert film.

"I didn't know what This Is It meant," he says. But the movie allows him to remember Michael "as I knew him best: performing and dancing on stage. Entertaining people."



METRO WORLD NEWS

A-Rod thinks he's super awesome: Ex-girlfriend

CENTAURS, HUH? MUST BE A NARNIA FAN Alex Rodriguez has a lot to be boastful about, playing in the World Series and dating Hollywood beauty Kate Hudson, and apparently everything's already gone t his head. An ex-girlfriend tells Us Weekly that the Yankees slugger is such a fan of himself that he has a portrait depicting him as a centaur hanging over his bed. "He was so vain. He had not one, but two painted portraits of himself as a centaur. You know, the half man, half horse figure," she says. "It was ridiculous."

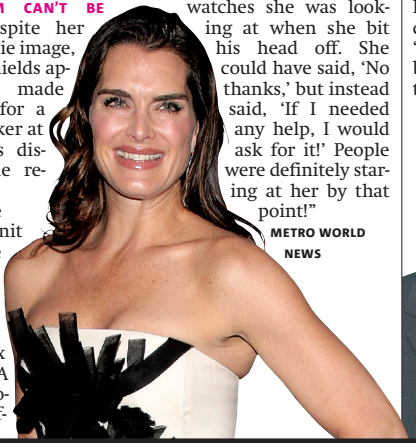


METRO WORLD NEWS

Brooke's rude to the help

A HERMÈS DISCOUNT SALE? THIS ITEM CAN'T BE RIGHT Despite her sweet-as-pie image, Brooke Shields apparently made life hell for a shop worker at a Hermès discount sale recently.

"Brooke was in a snit when she walked in the store," a source tells Fox News. "A sales associate offered to show her some watches she was looking at when she bit his head off. She could have said, 'No thanks,' but instead said, 'If I needed any help, I would ask for it!' People were definitely staring at her by that point!"



METRO WORLD NEWS

Celebrity tweets

Today, Kathy Griffin is just repeating what she heard, Kirstie Alley isn't really watching the game when she watches the World Series, Perez Hilton shares details about his imaginary love life, and Boris Johnson speaks out on the really important issues.

• @officialkathyg
When I say her "retarded baby," I'm quoting HER! Sarah Palin said it about her youngest. Jeez, don't you guys watch The Insider?? XO, K

• @KirstieAlley
Can we tlk about how cute the pitcher for the Phillies is? Wats his name, hamletons or hamels or.. Hell, you guys know.. Wat is it?

• @PerezHilton
Seems like every day I have a new imaginary boyfriend. Kinda sad. Kinda fun to daydream! Today's is Russell Tovey. Yesterday was Matt Bomer.

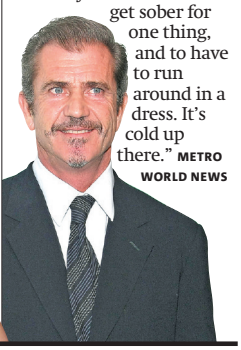
• @MayorOfLondon
Tragic news about Barbara Windsor leaving Eastenders!



METRO WORLD NEWS

Mel's afraid to go back to Scotland

A MENTAL PICTURE WE DIDN'T NEED Mel Gibson may have cemented himself in Scottish cultural history by making the award-winning Braveheart nearly 15 years ago, but that doesn't mean he's a regular visitor to the country. Far from it, in fact. "I haven't gone back since because I'm afraid," he tells the Daily Mail. "I'd never get sober for one thing, and to have to run around in a dress. It's cold up there."



METRO WORLD NEWS

Hurray! metro's koolest
The Best Halifax has to Offer

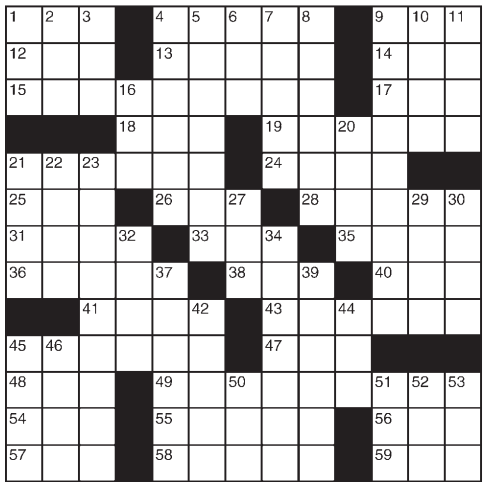
Metro News and 96.5 Kool FM want YOU to weigh in on the city's coolest places to eat, party, shop – you name it!
Go to metronews.ca or kool965fm.ca to register your choice for this month's category:
Metro's Koolest Boss!
One lucky player will win a prize pack valued at over $100!

metro Do it daily.
We Play Anything. KOOL 96.5 FM

The Weather Network
©The Weather Network 2009
Today Variable 8°/ 4°
Tuesday 70% Rain 9° / 2°
Wednesday 40% Showers 7°/ 0°
TAKE THE WEATHER WITH YOU visit mobile.theweathernetwork.com

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 TV alien
4 "Everybody Loves Raymond" wife
9 Slight application
12 Animation frame
13 Bankrupt company of 2001
14 Regret
15 Indoor garment
17 Finish
18 Latin 101 word
19 Plays unfairly
21 Tenant
24 Steersman's place
25 Asia's neighbour (Abbr.)
26 Last mo.
28 Big, colourful parrot
31 On the briny
33 Long sandwich
35 Not any
36 Play for time
38 Atl. counterpart
40 Alias abbr.
41 Sir's partner
43 Dentist's concern
45 Suddenly, to the maestro
47 Rage
48 Expert
49 It's not a lot, but you can live on it
54 — Khan
55 Cheer up
56 Work with
57 Encountered
58 Plastic wrap name
59 Commonest English word

ACROSS

1 Interlaken interjection
2 Zodiac sign
3 Winter ailment
4 Considered
5 Concert extensions
6 Sis' sib
7 Kitchen pest
8 Country song?
9 Joseph's garb, in a musical
10 Family member
11 Hotel furniture
16 Droop
20 Verve
21 Meadows
22 Expel
23 Very attractive one
27 Coffee holder
29 "Diana" singer
30 Have on
32 Jai —
34 Whom Castro overthrew
37 Wood-shop machinery
39 Lurch
42 Bread
44 CSA soldier
45 Unwanted e-mail
46 Incite
50 Old Mideast inits.
51 No longer chic
52 Bonfire residue
53 Golf-ball prop

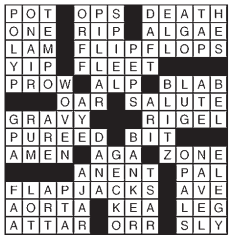
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3					8	7	1	
	6			2		3	5	
4			1					6
				4			3	1
		4				5		
1	8			5				
2					6			5
	1	9		7			6	
	7	8	5					9

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	5	6	1	8	2	4	7	9
8	2	1	7	4	9	5	3	6
7	9	4	3	6	5	2	1	8
5	1	9	4	3	6	7	8	2
6	8	3	5	2	7	9	4	1
4	7	2	9	1	8	6	5	3
1	6	8	2	7	4	3	9	5
9	3	7	6	5	1	8	2	4
2	4	5	8	9	3	1	6	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Cheese Sausage Strata

INGREDIENTS:

1 1/2 lbs (750 g) pork sausage
9 eggs, lightly beaten
3 cups (750 ml) milk
9 slices bread, cubed
1 1/2 cups (375 ml) shredded cheddar cheese
1/2 lb (250 g) sliced bacon, cooked and crumbled
1 1/2 tsp (7 ml) ground mustard

METHOD:

1. In large skillet, cook sausage over medium heat until no longer pink; drain. Add eggs, milk, bread, cheese, bacon and mustard. Transfer to greased shallow 3-qt. (3 L) baking dish. Cover and refrigerate overnight.
2. Remove from refrigerator 30 minutes before baking. Cover and bake at 350°F (180°C) 60-65 minutes or until knife inserted near centre comes out clean. Let stand 5 minutes before serving.

SERVES 12

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Your ideas are as good as anyone else's ideas — indeed, they are better — but you seem to think that you are not as smart as people you're up against.

TAURUS ♉
APRIL 21-MAY 21
A full moon in your sign means you'll have a hard time controlling your emotions today, but maybe that's good because you've been bottled up inside.

GEMINI ♊
MAY 22-JUNE 21
According to the planets, loved ones have a lot on their minds at the moment and they cannot easily deal with more than one thought at a time.

CANCER ♋
JUNE 22-JULY 22
The less you reveal about your plans the better. Refuse to be drawn on what you are up to: There is money and prestige at stake.

LEO ♌
JULY 23-AUG 23
You are not the type to lose your head and crack under pressure. Someone who envies your success and popularity will turn up the heat today.

VIRGO ♍
AUG 24-SEPT 22
With Mercury, planet of communication, under pressure at the moment, it's unlikely you will get the response you seek this side of tomorrow.

LIBRA ♎
SEPT 23-OCT 23
Make every word count today. Don't bother with explanations or clarifications, just say what you have to say and leave no one in any doubt.

SCORPIO ♏
OCT 24-NOV 22
As the moon is full in your opposite sign of Taurus today it will pay you to be considerate of other people's feelings.

SAGITTARIUS ♐
NOV 23-DEC 21
Both the full moon in Taurus and Mercury at odds with Mars urge you to get your head out of the clouds and focus on facts.

CAPRICORN ♑
DEC 22-JAN 20
You may find it hard to stay focused today as the full moon pulls you in two directions at once. Hard, however, is not the same as impossible.

AQUARIUS ♒
JAN 21-FEB 18
Be honest with friends and colleagues today, even if what you have to tell them is clearly not what they were hoping to hear.

PISCES ♓
FEB 19-MARCH 20
Plans you make today and during the first few days of the week will pay off in a big way next weekend, but only if they are rational and reasonable.

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This day in history

1898: Cheerleading is started at the University of Minnesota with Johnny Campbell leading the crowd in cheering on the football team.
1920: In the United States, KDKA of Pittsburgh, Pennsylvania starts broadcasting as the first commercial radio station. The first broadcast is the result of the U.S. presidential election, 1920.
1936: The Canadian Broadcasting Corporation is established.
1936: Italian dictator Benito Mussolini proclaims the Rome-Berlin Axis, establishing the alliance of the Axis Powers.
1960: Penguin Books is found not guilty of obscenity in the Lady Chatterley's Lover case.

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